

My name is Ron Schilling #32219. DOB 5.29.51. Been incarcerated with a life sentence since 13 June 1975. Relatives, friends and significant others have all passed or faded away over the decades, and I am pretty much alone on this rock.

I am not so much a typical captive but, rather, have become a significantly realized spiritual being -- quiet, reserved, sensitive, caring, thoughtful, considerate, creative, inventive, resourceful, and utterly honest in all endeavors.

Hit the weight room daily and am in fantastic shape. Am heavily into law and prison politics and, frankly, this is likely part of the reason I wasn't paroled 20 years ago. My main passion is music, and I write volumes of song, and am a fairly gifted guitarist. Have some postings under my name on YouTube.

Also do a fair amount of writing on political things -- exposing the prison industry as best I can -- and am frequently retaliated against for it.

I am self-didactic, and well-read in everything from Astrophysics to Zoology. Have plural college degrees in Music, Geology, Business Administration and Law, and continue to educate myself as best as possible, keeping abreast of worldly events, and such. Was raised in a family with numerous small businesses and have always been self employed. Am also an avid inventor, creating countless gizmos and gadgets that could prove lucrative and make the lives of people much easier in some way.

Had occasion to travel extensively, traversing all the lower 48, and HI, to India and Jamaica twice, Egypt, Mexico and Columbia once, exhaustively through North and South Vietnam, Cambodia, Laos, Burma and Thailand. Have recently written about some of those travels.

Believe it, or not, I detest trying to toot my own horn like this. So I'll conclude with a smattering of poetry:

Words trapped  
in the deep dungeons  
of the mind  
restlessly pacing  
their cells  
awaiting the freedom  
of expression  
and  
once free to e x p l o r e  
the white expanse  
of paper  
they speak  
their truths  
loudly and laughingly  
dare one  
to imprison  
them again. . . .