

Title: HANDCUFF HARRASSMENT

Upon Being in the Waupun Segregation Unit, "the Hole", Several Inmates and I Are Witness. HARSH Living Conditions, Beatings and psychological torture. What came to notice is The "Handcuff harrassment" The Waupun Correctional Officers Are Subjecting us to. OFFICERS, for hours on end OPEN and CLOSE the handcuffs to HARASS the inmates. They WALK UP And down the HALLS CLICKING And Closing the Cuffs And It is fair To SAY That it has a psychological effect on the inmates as we Are Left to endure + Sounds of CUFFS Mocking OUR Freedom.

When YOUR CAPTOR keeps signaling with HIS CUFFS, And When he makes that noise To Remind you where you're AT, IT takes A toll on the Inmates psychological WELLBEING. Basically, it has an ALLAROUND psychological effect on the inmate. Because I myself have EXPERIENCED the psychological effects and also Terrifying NIGHTMARES Related to the handcuff harrassment And Endured great Amounts of Anxiety to that affect.

In the NIGHTMARES I've EXPERIENCED, I ALWAYS AWAKE BEFORE being Chopped INHALF by Giant handcuffs, Sweating And Trembling, HEART BEATING Like A Cannon blasting in my Chest. This HANDCUFF HARRASSMENT enhances my NIGHTMARES and I am Concerned that Other inmates Be Going THROUGH Such Anxiety's And OR PTSD Like Symptoms. But I am NOT A profession And I CAN'T diagnose your problems, But what I can do is EXPOSE the HARM they ARE putting us THROUGH by them using those handcuffs unprofessionally.

AND may I note that when and IF you challenge this, Just Be Sure to mention how it effects you And that the unnecessary opening and closing of cuffs may be A form of harrassment as it CREATES NOISE And it's being directed towards us. But the final question is: Were these officers TRAINED to USE these cuffs in this manner only to psychologically BREAK A MAN down, And Will they Continue to mock OUR Freedom by unnecessarily using the handcuffs To Remind us where we ARE AT in a form of HARRASSMENT... Till then, All you could Do is maintain your Focus And Keep your Sanity As we have some tough times Ahead of us In this torturous Seg unit here at Waupun.

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