

## Title: Isolation

WAUPUN'S SEGREGATION unit, "the Hole", is Detrimental to the Inmates mental Health by Blinding them of whats going on in the outside world. For "stepone" of waupun's Segregation Level system, no newspapers are allowed and the officers also removed "current events" which was a printout of a news packet they usually provided. But not anymore. Nothing from the outside world such as news can be learned while in step one in waupun seg unit.

Since the officers took away current events and also took our chance to get newspapers, intensifies the inmates anxiety. But as we sit and wonder whats going on in the world this anxiety just increases when we cannot learn current events which might effect us. We are blind to the outside world and most of all they isolate us even more. Due to the concrete dividers that run along the center of the hall, concrete dividers run along the center enhancing feelings of isolation - when inmates look out their cell door the only thing they are able to see is a wall. When inmates ask whats going on out in the world officers create frightening stories to instill fear and anxiety thus, subjects them to a form of psychological torture. Inmates are denied news pursuant to the prisons "level system" and are isolated by concrete dividers which enables them to see other inmates. But I guess isolation is the sole mission here at waupun.

Furthermore, since I am housed in waupun's seg unit, I conclude my findings that the officers, over the inmates (in-cell intercom) use BIZARRE made up stories to freak the inmates out - and we have NO WAY OF finding out if they are true as they enforced the no news policy pursuant to the level system. So the officers can create any types of news they want to psychologically torture the inmates here at waupun.

Looks like they found another angle... They Replaced  
The PHYSICAL HARM with PSYCHOLOGICAL HARM.

[ Till then people I'll keep you  
posted as new issues develop ]