

Peggy,

7-7-16

Hello peg! I'm just writing to give you the update. First McKinney asked me to tell you to go ahead and send the list of demands w/ Norman Greens (CT). We all also received the ems letter, thank you.

Now on June 24th they obtained a court order to force feed me but when they tried to tube feed me the nurse couldn't get the tube down my nose & I couldn't stop gagging, puking, and so I turned pale & almost passed out. Then because of how many times they were trying the tube tore open my sinuses & there was blood, so they stopped for the night. I was adamant about how I had a deviated septum & nodes in my nose which would make it impossible to force feed me. But the next morning they tried again this time they broke my nose & it was bleeding all over the place. This was after the nurse tried to take my blood for 5-10min eventually causing some kind of nerve or tendon damage as my right arm is still tingling & burns. When I told the nurse & the doctor about it they ignored it & it's still problematic. So they continued to shove the tube in my nose until the nurse gave up & decided to send me to the hospital. When I got there the doctor said he was going to have to surgically insert a tube into my stomach since the nose tube wasn't working. I was adamant about me just drinking the ensure or some alternative, I even told the nurse this. So I decided to eat at the Hospital rather than have surgery. So I spent 2 days in the Hospital and upon release on Jun. 6-26-16 I went back to the seg. unit. On Mon. 6-27 I was pulled out and threatened w/ a force feeding even though I had eaten breakfast. Eventually they took me back to my cell w/o trying to feed me. I believe they purposely out of retaliation broke my nose & continued to make the feedings as hard as possible just to end my strike, cause I was very vocal about how it was not working & wouldn't work. Now I'm trying to get the ruler of these incidents & I can't seem to get any cooperation. I also can't get any medical help (P³ Red) for my arm. So I'm exhausting my remedies when I'll be filing a lawsuit for the violation of my due process rights & the physical, & mental damage caused.

So now I'm eating & I'm doing better. Thank you for your concern. Any help you can offer in my further upcoming struggle would be great.

I also have an upcoming trial for a battery to stop. Now I know this sounds ugly but I'm using the trial to publically expose the physical, & mental abuse prisoners suffer at the hands of the WDOC staff. I felt cornered after 10 yrs of being treated w/ disrespect & inhumanity. & everytime prisoners try to get the guards to be held accountable they receive no discipline & they retaliate even worse, so what can a prisoner do when everyday of his life has treated like garbage or worse. I'm not proud of the incident, but I didn't know what else I could do and just like a mistreated animal cornered @ the zoo I acted in self defense. But I'm trying

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to get as much media/public exposure for the trial so the communities can see the truth of what's actually going on in here. Too often the public only sees these "incident" inmates attacking guards for no reason, & this couldn't be further from the truth. The WDOC staff acts like a gang or security threat group in these prisons & operate under a code of silence while abusing their power & mistreating prisoners, forcing them to react in order to be left alone. If any coverage I can get would be greatly appreciated.

Well, I suppose that's all for now. I hope your well & keep fighting the good fight.

"It is the nature of strength to despise
weakness
and the nature of wisdom to despise
ignorance."



Respectfully, another

