

Joshua Scolman  
422508, WCI

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I am writing you to give you an update. Now on June 24<sup>th</sup> they obtained a court order to force feed us but when they tried to force feed me, the nurse could not get the tube down my nose and I couldn't stop gagging, puking and so I turned pale and almost passed out. The because of how many times they were trying the tube tore open my sinuses and there was blood, so they stopped for the night. I was adamant about how I have a deviated septum and nodes in my nose which would make it impossible to force feed me. But the next morning they tried again and this time they broke my nose and it was bleeding all over the place. This was after the nurse tried to take my blood for 10-15 minutes eventually causing some kind of nerve or tendon damage as my right arm is still tingling and burns. When I told the nurse and the Doctor about it they ignored it and it's still problematic. So they continued to try to shove the tube up my nose until the nurse gave up and decided to send me to the hospital. When I got there the Doctor said he was going to surgically insert a tube into my stomach since the nose tube wasn't working. I was adamant about me just drinking ensure or some alternative, I even told the nurse this. So I decided to eat at the hospital rather than have surgery. So I spent 2 days in the hospital and upon release on 6 26 16 I went back to the seg unit. On 6-27 I was pulled out and threatened with a force feeding even though I had eaten breakfast> eventually they took me back to my cell without trying to feed me. I believe they purposely out of retaliation broke my nose and continued to make the feedings as hard as possible just o end my strike, cause ai was very vocal about how it was not working and how would not work. Now I am trying to get the video of these incidents filing and I can't seem to get any cooperation. I also can't get any medical help (MRL) for my arm> So I am exhausting my remedies then I'll be filing a lawsuit for the violation of my due process rights and the physical and mental damage caused.

So now I'm eating and I'm doing better. Thank you for your concern> any help you can offer in my further upcoming struggle would be great.

I also have an upcoming trial from battery to staff. Now I know this sounds ugly but I am using the trial publically expose the physical , Mental abuse prisoners suffer at the hands of the WIDOC staff. IO felt cornered after 10 years if being treated with disrespect and inhumanely .Every time the prisoner tries to get the guards to be accountable they receive no discipline and then they retaliate even worse> SP what can a prisoner do when every day of his life he is treated like garbage or worse .I'm not proud of the incident < But I didn't know what else I could do and Just

Like a mistreated animal co the cornered at the zoo. I acted in self defense> but I am trying to get as much media/public exposure for trial so the communities can see the truth of what's actually going on in here. Far too often the public only sees these "violent "incidents" as inmates attacking guards for no reason. This couldn't be further from the truth. The WI DOC staff acts like a gang or security threat group in these prisons and operate under a code of silence while abusing their power and mistreating Prisoners, forcing them to react in order to be left alone. For any coverage I can get would be greatly appreciated.

"It is the nature of strength to despise weakness and the nature of wisdom to despise ignorance."