Dear Peg,

Hoping that all is fine with you and your family. My health and Cesar's health remain fine, and we continue refusing food and drink. The force-feeding continues.

I am wanting to first tell you that given that the security officials here tampered with/deleted portions of Cesar's video showing Beahm mistreating him, that I assume they will do the same with mine (the ones that I recently sent you a disclosure of information form for). If you all out there aren't willing to have a politician out there, such as Senators Taylor and Dodd Harris, to request that the FBI's forensic unit in DC/Virginia take a look at those tapes and their originals to determine whether information has been deleted from them, then the officials will not be held accountable and will feel they have carte blanche to continue their abuse and make us prisoners look like liars.

Secondly, Scolman is next to me and I have spoken with him and he's fine with what I'm about to propose. Scolman has told me that he has authorized release of 2 of his force feeding video tapes, and that he believes Dee Hall has these. Scolman's videos, due to amount of blood, cannot be tampered with like mine and Cesar's.

I am requesting that you get a copy from Dee Hall of each of these tapes and, again, again, <u>Scolman is fine with this</u> <u>proposal and you can check with him about it if you need to.</u> I am proposing that the earliest one of those tapes be released and social media among our supporters with the suggestion that the second more egregious tape will be released after the supporters have phone-zapped the DOC about the first tape and requesting an end to the force-feedings and that they come to the negotiating table. My strategy is that release of the first tape and the fervor it will cause with the possibility/threat of releasing the 2nd more egregious tape, the events of which he was hospitalized for, could and should be used to try to leverage the DOC to negotiate.

Perhaps bringing them to negotiate will never work, but also obtaining legislation may not happen as well, and as long as options are left, we should try what is plausible and not give up on either option until we have exhausted possibilities.

Frederick Douglass said that "power concedes nothing without a demand." This maxim is as true in our situation as in any other. To quit now would mean to give up any leverage we have gained and the DOC will have no pressure upon it from the outside in to change. My resolve is firm, and giving up is not even a discussion for me right now. My health is holding and I'm strong enough to keep going, plus I have issues beyond AC/Solitary Confinement. They are going to have to let me off of AC or move me out of WCI and the state. I'm not going back to the same old abuse business as usual...

I (we, me and Scolman*, and I'm sure Uhuru too) hope that you will either yourself, or have someone else, put into effect what I'm proposing here. Embarrass the DOC to the table! Nothing new has developed here since my last letter...Remember, they may be making preparations to transfer me and Uhuru and, maybe Cesar, to another DOC system. That's all I have for now. Take care.

With Peace and Love, You friend and comrade, LaRon