

DEAR MS. PEGGY SWAN

I, GERALD EASTERING #564619 IS A BLACK MALE OF ADULT AGE OF 24 YEARS OF AGE. I AM
 PRESENTLY UNDER CONFINEMENT HERE IN WAUKELA CORRECTIONAL INSTITUTION, CITY OF WAUKELA,
 COUNTY OF SUTTER. FROM WITHIN AND BEYOND THIS "8 BY 14" SQUARE FOOT STEEL DEPRIVATION CELL THAT I
 ENDURE FOR MY MENTAL, PHYSICAL, AND SOCIAL DEHUMANIZATION, I BRING TO YOU THIS
 LETTER OF CONTEST REGARDING THE ADVERSE EFFECTS OF LONG-TERM SENSORY DEPRIVATION. AFTER
 SERVING 3 YEARS IN INTENSIVE SOLITARY CONFINEMENT, DENIAL AND DEPRIVATION OF HUMAN
 CONTACT, I HAVE BECOME SUPER-SENSITIVE TO THE 5 BASIC HUMAN SENSES. THE
 ALIBERATE AND INTENTIONAL STRIPPING OF THE CELL DOWN TO AN ISOLATION CELL, THEN THE
 STRIPPING OF THE SUPERSTOCK DOWN TO THE BASIC NECESSITIES, EVEN DOWN TO THE PERSONAL
 EFFECTS, THEN LOCKED WITHIN THIS CELL 24 HOURS A DAY WITH BARELY THE BARE ESSENTIALS,
 HERE EVEN THE WALL-MOUNTED STAINLESS STEEL MIRROR IN THE SEGREGATION CELLS IS
 REMOVED FROM THE WALLS SO THAT EVEN THE SIGHT OF ONE'S OWN IMAGE IS DENIED.
 IT NO MATTER HOW STRONG A PERSON IS, SENSORY DEPRIVATION IS DESTRUCTIVE AT
 ITS WORST. ALL 5 BASIC HUMAN SENSES - SIGHT, SOUND, SMELL, TOUCH, AND TASTE -
 ARE SEVERELY SUPPRESSED - WHEN ONE IS STARVED, BUT SURVIVES, AND VERY SUBTLE
 ESCAPES OF ALL THE COMMON SENTIMENTS OF HUMANITY. SO ONCE AGAIN, I AM
 FORCED TO ADAPT TO A FUCKED UP SITUATION. UNDER THESE ADVERSE CONDITIONS OF
 CONFINEMENT ONE TENDS TO CRAVE A CHANGE OF SCENERY, LOCATION, ATMOSPHERE, AND
 ENVIRONMENT JUST SO S/HE CAN SEE NEW SIGHT INSTEAD OF THE SAME OLD EVERYDAY,
 REPEATING ROUTINE AND FACELESS FACES... HEAR NEW AND DIFFERENT SOUNDS
 OTHER THAN THE QUIET, UNRESPONSIBLE SILENCE THAT SEEMS TO SPEAK LOUDER THAN
 ANY... SMELL DIFFERENT SCENTS BESIDES THE FOUL, STALE, CONTAMINATED AIR SO
 COMMON TO EVERYDAY EXISTENCE. IN THIS BOTTOMLESS PIT... ONE SEEKS TO TOUCH BARE
 TH, FEEL AND EMBRACE ANOTHER HUMAN IN AN INTIMATE, SENSITIVE, HUMAN,
 NECESSARY, PERSONAL WAY AS OPPOSED TO THE IMPERSONAL, INHUMAN,
 SENSITIVE, DEGRADING MANNER... ONE DEVELOPS A STRONG, INTENSE DESIRE TO
 TRY THE VARIOUS FOODS BESIDES THE SAME OLD, TASTELESS, NON-VARIABLE,
 EVERYDAY, SCHEDULED MEALS. ONE IS SERVED JUST ENOUGH FOOD TO HAVE A LOW
 LEVEL OF COMFORT, JUST ENOUGH TO STAY ALIVE, WHERE EVEN ONE'S SENSES ARE...

... and taste buds is sense and deprived. torture chambers where absent various
ms of social stimulus: the human mind can become so debased, so dehumanized, and sink
low that if one isn't so careful, there is a tendency to adjust & conform, and
custom oneself to a standard of living that is lower than that which exists within
the animal kingdom. After spending over 3 years in the intensive
solitary confinement, I was transferred back to General Population. I
was not encouraged, nor welcomed any out side contact by way
of visits and emotional, spiritual, and financial support from family members &
relatives, or friends in the past 6 years. The most pain is knowing, the feeling
of helplessness. The dark corner doesn't have much comfort when the walls are closing
in. It's still dark and cloudy in the midst of this "New Year's Eve" The Kingdom
of darkness" but with a little love and support & you can supply the sunshine
needed to get me through this stormy weather when all else fails. Bring the
light to my solitary heart & mind, and soul. What you have for me with
your love and support. All-light. I understand you help people in prison, can you
please help me maintain my self and existence with emotional, spiritual, and financial
support. Can you please provide encouragement and help me overcome the
challenges faced during incarceration and reintegration. Being ungrateful is not a
character of mine, nor do I desire a lot, I just ask that you provide me enough, know
of what you honestly have to offer genuinely from a place where your feelings and
heart may reside.

Can you please order me some envelopes

(6) Pack of 5-Prepaid postage stamps envelopes Item # 8039

www.JhMarcusWisconsin.com

(414) 438-4999

It is my heart felt appreciation. you have my my gratitude
thanks. Hope to hear from you really soon. take care.

Respectfully Submitted,

Gerard Easterwine #564618