Kamau 6 10 12

Revolutionary Greetings June 7, 2012

I just heard back from Madison regarding my AC appeal, The DAI administratior decided to affirm the warden's decision to keep me on AC. They site my history and my alleged involvement with so-called Balck Domestic terrorist groups. This is all a game to justify keeping me isolated and to justify psychological torture. I have been in seg for 13 years and if you read my essay entitled"Solitary Confinement", then you know that the incident was non – violent and aimed towards uplifting mentally dead Black prisoners. All m,y writings are ppositive and promote community responsibility yet certain prison officials accuse them (my writings) of being inciteful and promoting unsanctioned group activity.

Whenever they want to discredit something positive a kaptive of my caliber does, they distort it by associating or labeling me racist or gang leadder- organizer. No matter what I do or say, they will always be suspicious of me and they will always use thoe suspicions to justify cruel and unusual punishment.

As mentioned in my essay "Solitary Confinement", a lot of damage has been done to my mental state. I'm just not the same-I hear noises, not voices but noises; I experience tactile and somatic disturbances; when I am touched I feel contiminated, I clean and wash excessively. I have trust issues, I can't sleep peacefully, my sleep is always interrupted by bad dreams. I sleep with shoes on because I always expect the oppressor to come for me, therefore, I am ready. I eat poorly because I believe my food is tampered with. I halucinate because of insomnia and get angry over the slightest inconvenience.

They experiment on me at the Boscobel Supermax (WSPF; Boscobel, Wisconsin) to the point where my sensibilities are nearly gone. To the point where I suspect every prison official of being coorupt and malicious. These thoughts have interfered with me receiving proper treatment, even interfered with relations regarding family and friends.

Despite it all I remain strong and rely on the love and support from the few friends and family I have in my corner, The struggle continues, Kamau Kamau TZ Damail 279380; FRD:RD Mrgan WRC Seg Unit F11,113 PO box 220 Winnebago, WI 54985